

Student Counsellors Book List - with links

- [Loves Executioner](#) Irvin Yalom
- [The Drama of Being a Child](#) Alice Miller
- [Creatures of a Day](#) Irvin Yalom
- [The Body Keeps the Score](#) Bessel Van Der Kolk
- [Counselling Skills and Studies](#) Fiona Ballantyne Dykes
- [The Act of Will](#) Robert Assagioli
- [A Way of Being](#) Carl Rogers
- [An Introduction to Counselling and Psychotherapy](#) Andrew Reeves
- [Lying On the Couch](#) Irvin Yalom
- [Between Therapist and Client](#) Michael Khan
- [Secret Secret](#) Daisy Law
- [Becoming a Counsellor - A Students Companion](#) Kirsten Amis
- [Psychotherapy Isn't What You Think](#) James Bugental
- [Mindful Therapist](#) David Siegel
- [The Compassionate Mind](#) Paul Gilbert
- [Skills in Person Centred Counselling](#) Janet Tolan
- [Dibs in Search of Self](#) Virginia M Axline
- [Against Therapy](#) Jeffrey Masson
- [Learning From the Patient](#) Patrick Caseman
- [Upping Your Ziggy](#) Oliver James
- [Out of the Dark](#) Robin Royston & Linda Caine
- [The Diary of Harri Foxx](#) Sue Lloyd
- [Growing Whole](#) Molly Young
- [Why Therapy Doesn't Work](#) David Smail
- [The Examined Life](#) Stephen Grosz
- [The Whole Brain Child](#) Daniel Siegel Tina Payne Bryson
- [Why Love Matters](#) Sue Gerhardt
- [Mans Search for Meaning](#) Viktor Frankl
- [What You Really Need to Know About Counselling and Psychotherapy Training](#) Cathy McQuaid
- [Overcoming Low Self Esteem](#) Melanie Fennel
- [Focusing](#) Eugene Gendlin
- [Descartes Error](#) Antonio Damasio
- [Biting The Hand That Starves You](#) Richard Maisel David Epston
- [Learning and Being in Person Centred Counselling](#) Tony Merry
- [Attachment in Psychotherapy](#) David J Wallin
- [Mamma and the Meaning of Life](#) Irvin Yalom
- [The Person Centred Counselling Primer](#) Pete Sanders
- [Learning from Life](#) Patrick Casement
- [The Gift of Therapy](#) Irvin Yalom
- [High Tide Low Tide](#) Martin Baker & Fran Houston